




Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
2 NO SCHOOL	3 NO SCHOOL	4 Assorted Cereals or Cereal Bar with Graham Crackers	5 Assorted Muffins  Assorted Cereals or Cereal Bar with Graham Crackers	6 Apple Frudel  Assorted Cereals or Cereal Bar with Graham Crackers	<p><b>What is a Meal?</b> Students must choose at least 3 of the 4 components available for the school breakfast price.</p> <ul style="list-style-type: none"> <li>- Choice of Whole Grain</li> <li>- Choice of Protein</li> <li>- Choice of Fruit</li> <li>- Choice of Milk</li> </ul> <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.</p> <p><b>Whole Grain Cereals (served with toast)</b> Cinnamon Toast Crunch, Trix, Cocoa Puffs, Fruity Cheerios, Rice Crunch, Kix, Cheerios, Froot Loops, Frosted Flakes</p> <p><b>Choice of Fruit</b> Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p> <p><b>Choice of Milk</b> 1% white, fat-free white, and chocolate</p> <p><b>(V) Vegetarian</b> <i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i></p> <p><b>(VG) Vegan</b> <i>These items do not contain any animal products</i></p>
9 Assorted Cereal Bars  with Graham Crackers	10 Breakfast Pizza Bagel  Assorted Cereals or Cereal Bar with Graham Crackers	11 Banana Bread  Assorted Cereals or Cereal Bar with Graham Crackers	12 Cheese Omelet with Mini Bagel  Assorted Cereals or Cereal Bar with Graham Crackers	13 Assorted Whole Grain PopTarts  Assorted Cereals or Cereal Bar with Graham Crackers	
16 Assorted Cereal Bars  Assorted Cereals or Cereal Bar with Graham Crackers	17 Assorted Muffin  Assorted Cereals or Cereal Bar with Graham Crackers	18 Apple Strudel  Assorted Cereals or Cereal Bar with Graham Crackers	19 Powdered Donut Holes  Assorted Cereals or Cereal Bar with Graham Crackers	20 Assorted Cereals or Cereal Bar with Graham Crackers	
23 WINTER BREAK	24 WINTER BREAK	25 WINTER BREAK	26 WINTER BREAK	27 WINTER BREAK	
30 WINTER BREAK	31 WINTER BREAK		WINTER BREAK	WINTER BREAK	
			<p><b>Meal Prices</b> Breakfast is FREE for all Students!! Faculty Breakfast \$1.75</p>		

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.





Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
2 No School	3 No School	4 Hot Dog on a Bun Turkey & Cheese Hoagie  <b>FEATURED VEGGIES</b> Glazed Carrots Fresh Fruits & Veggies	5 Chicken Tenders <i>Turkey &amp; Cheese Hoagie</i>  <b>FEATURED VEGGIES</b> Steamed Broccoli Fresh Fruits & Veggies	6 Cheese Pizza Turkey & Cheese Hoagie  <b>FEATURED VEGGIES</b> Mixed Vegetables Fresh Fruits & Veggies	<b>What is a Meal?</b> Students must choose at least 3 of the 5 components available for the school lunch price. - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk  A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.  <b>Choice of Vegetable</b> Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables  <b>Choice of Fruit</b> Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice  <b>Choice of Milk</b> 1% white, fat-free white, &, chocolate
9 Chicken Patty Sandwich Pizza Craveable  <b>FEATURED VEGGIES</b> Green Beans Fresh Fruits & Veggies	10 Corn Dog Pizza Craveable  <b>FEATURED VEGGIES</b> Steamed Carrots Fresh Fruits & Veggies	11 Comet Bowl Pizza Craveable  <b>FEATURED VEGGIES</b> Mashed Potatoes Fresh Fruits & Veggies	12 BBQ Rib-B-Que Sandwich Pizza Craveable  <b>FEATURED VEGGIES</b> Mixed Veggies Fresh Fruits & Veggies	13 Cheese Filled Breadsticks with Dipping Sauce Pizza Craveable  <b>FEATURED VEGGIES</b> Steamed Broccoli Fresh Fruits & Veggies	
16 Italian Meatballs & Cheese on a Toasted Bun <i>Ham &amp; Cheese</i>  <b>FEATURED VEGGIES</b> Green Beans Fresh Fruits & Veggies	17 Potato and Cheese Pierogis Ham & Cheese  <b>FEATURED VEGGIES</b> Broccoli Fresh Fruits & Veggies	<b>Holiday Meal</b> 18 Meatloaf with Mashed Potatoes & Gravy Ham & Cheese  <b>FEATURED VEGGIES</b> Corn Fresh Fruits & Veggies	19 French Toast Sticks with Sausage Patty Ham & Cheese  <b>FEATURED VEGGIES</b> Hash Brown Fresh Fruits & Veggies	20 Cheese Pizza Ham & Cheese  <b>FEATURED VEGGIES</b> Fresh Fruits & Veggies	
23 	24 	25	26 	27	You Asked... We Delivered!! <b>French Fri-YaY</b> Friday, December 13th 
 <b>Week 1: Turkey &amp; Cheese</b> <b>Week 2: Pizza Craveable</b> <b>Week 3: Nacho Craveable</b>			<b>Meal Prices</b> Student Paid Lunch \$2.25 Faculty Lunch \$4.00		

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