



Abington Heights School District

Breakfast Menu

February 2024

Monday	Tuesday	Wednesday	Thursday	Friday
1/29/24	1/30/24	1/31/24	2/1/24	2/2/24
	Cereal Bar with Graham Crackers Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Cereal w/ String Cheese Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Parfait w/ Graham Crackers Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	WG Mini Cinnamon Buns Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk
2/5/24	2/6/24	2/7/24	2/8/24	2/9/24
Assorted Cereals with Graham Crackers Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Fruit & Yogurt Parfait with Graham Crackers Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Cheese Omelette w/ English Muffin Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted Whole Grain Muffin w/ Low Fat Yogurt Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Breakfast Pizza Bagel Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk
2/12/24	2/13/24	2/14/24	2/15/24	2/16/24
Sliced Banana Bread w/ Low Fat Yogurt Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Breakfast Sandwich on a bagel Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Fruit & Yogurt Parfait w/ Graham Crackers Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Warm Bagel Stix filled w/ Strawberry Cream Cheese Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted WG POPARTS Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk
2/19/24	2/20/24	2/21/24	2/22/24	2/23/24
			Fruit & Yogurt Parfait w/ Graham Crackers Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Whole Grain Donut Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk
2/26/24	2/27/24	2/28/24	2/29/24	3/1/24
Assorted WG Muffins w/ String Cheese Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Pancake & Sausage on a Stick Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Fruit & Yogurt Parfait w/ Graham Crackers Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Cheese Omelette w/ English Muffin Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted Cereals Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk

BREAKFAST IS FREE FOR ALL STUDENTS!!