

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
					<b>What is a Meal?</b> Students must choose at least 3 of the 5 components available for the school lunch price. - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk  A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.
General Tso's Chicken over White Rice  <b>FEATURED VEGGIES</b>	Beef Enchilada  <b>FEATURED VEGGIES</b> Corn	Comet Bowl Popcorn Chicken Mashed Potato Bowl  <b>FEATURED VEGGIES</b> Mashed Potatoes Diced Tomato & Cucumber	BBQ Ribbie Sandwich  <b>FEATURED VEGGIES</b> Baked Beans	Pasta Bar with Garlic Knot  <b>FEATURED VEGGIES</b> Roasted Broccoli Broccoli Salad	
 <b>FRESH SANDWICHES, SALADS, AND WRAPS MADE DAILY</b>					
Belgium Waffles with fruit toppings  <b>FEATURED VEGGIES</b> Hash Brown Potatoes	Pepper Steak Bowl with Lo Mein Noodles  <b>FEATURED VEGGIES</b> Stir Fry Veggies	Chicken Tenders with Pretzel Stick  <b>FEATURED VEGGIES</b> Green Beans	Loaded Pierogies  <b>FEATURED VEGGIES</b> Glazed Carrots	Homecoming Cookout!!!!  <b>FEATURED VEGGIES</b> Corn on the Cob	<b>Choice of Vegetable</b> Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables  <b>Choice of Fruit</b> Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice  <b>Choice of Milk</b> 1% white, fat-free white, chocolate, vanilla, and strawberry
 <b>CHEESE, PEPPERONI, AND SPECIALITY PIZZA MADE DAILY</b>					
		Meatball Parm Sandwich on Toasted Ciabatta  <b>FEATURED VEGGIES</b> Lemon-Parm Broccoli	Orange Chicken with Scallions over Fried Rice  <b>FEATURED VEGGIES</b> Mixed Veggies Tomato Mozzarella Salad	Buffalo Chicken Quesadillas  <b>FEATURED VEGGIES</b> Zucchini	
 <b>CHICKEN PATTY, SPICY CHICKEN PATTY, BURGERS, AND CHEESEBURGERS OFFERED DAILYs.</b>					
Steak and Cheese Hoagie  <b>FEATURED VEGGIES</b> Grilled Onions & Peppers	Beef or Chicken Walking Taco  <b>FEATURED VEGGIES</b> Roasted Corn	Breakfast for Lunch  <b>FEATURED VEGGIES</b> Sweet Potato Fries	Asian Pork Noodle Bowl  <b>FEATURED VEGGIES</b> Stir Fry Veggies	Boneless Wing Bites  <b>FEATURED VEGGIES</b> Roasted Broccoli	
 <b>FRUIT &amp; YOGURT PARFAIT, PB&amp;j, HUMMUS &amp; VEGGIE CRAVEABLE</b>					
Chicken & Broccoli Alfredo Pasta  <b>FEATURED VEGGIES</b> Broccoli Alfredo	Chimichurri Pork Soft Tacos with Mango Salsa  <b>FEATURED VEGGIES</b> Steamed Golden Corn	Smoky Turkey Chili with Warm Cornbread & Crackers  <b>FEATURED VEGGIES</b> Cauliflower	Variety of Toasted Crafted Flatbreads  <b>FEATURED VEGGIES</b> Steamed Garden Peas Tomato Mozzarella Salad		
<b>Marissa Janesko, General Manager</b> 570.585.5300 <a href="mailto:ma1113@metzcorp.com">ma1113@metzcorp.com</a>			<b>Meal Prices</b> Student Paid Lunch      \$2.40 Faculty Lunch              \$4.00		

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

