

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
				 Italian Dunkers on Garlic Toast with Marinara <b>FEATURED VEGGIES</b> Steamed Green Beans Fresh Fruit & Veggie Bar	
		Hot Turkey & Cheese Pretzel Melt <b>FEATURED VEGGIES</b> Mixed Veggies Fresh Fruit & Veggie Bar	Cheesesteak Sub <b>FEATURED VEGGIES</b> BBQ Baked Beans Fresh Fruit & Veggie Bar	1 CHICKEN PATTY, SPICY CHICKEN PATTY, AND BURGERS OFFERED DAILY!!	
 <b>Nachos Grande</b> <b>FEATURED VEGGIES</b> Corn Fresh Fruit & Veggie Bar	6 BURGER BAR <b>FEATURED VEGGIES</b> Mixed Veggies Fresh Fruit & Veggie Bar	7 CHICKEN NUGGETS WITH DINNER ROLL <b>FEATURED VEGGIES</b> Carrots Fresh Fruit & Veggie Bar	8 Macaroni & Cheese <b>FEATURED VEGGIES</b> Green Beans Fresh Fruit & Veggie Bar	9 Bosco Sticks <b>FEATURED VEGGIES</b> Broccoli Fresh Fruit & Veggie Bar	
<b>CHEESE &amp; PEPPERONI PIZZA OFFERED DAILY!!</b>					
12 Pizza Cruncher <b>FEATURED VEGGIES</b> Green Beans Fresh Fruit & Veggie Bar	13 Tacos <b>FEATURED VEGGIES</b> Corn Fresh Fruit & Veggie Bar	14 Popcorn Chicken Bites with Pretzel Stick <b>FEATURED VEGGIES</b> Broccoli Fresh Fruit & Veggie Bar	15 French Toast Sticks with Sausage <b>FEATURED VEGGIES</b> Hash Brown Potatoes Fresh Fruit & Veggie Bar	16 Dunk Tank Chicken Sandwich <b>FEATURED VEGGIES</b> Mixed Veggies Fresh Fruit & Veggie Bar	<p><b>What is a Meal?</b>                      Students must choose at least 3 of the 5 components available for the school lunch price.</p> <ul style="list-style-type: none"> <li>- Choice of Whole Grain</li> <li>- Choice of Protein</li> <li>- Choice of Vegetable</li> <li>- Choice of Fruit</li> <li>- Choice of Milk</li> </ul> <p>A minimum 1/2 cup serving of fruit or vegetable must accompany a reimbursable lunch.</p> <p><b>Choice of Vegetable</b>                      Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables</p> <p><b>Choice of Fruit</b>                      Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p> <p><b>Choice of Milk</b>                      1% white, fat-free white, &amp; chocolate</p>
19 Pepperoni & Cheese Calzone <b>FEATURED VEGGIES</b> Mixed Veggies Fresh Fruit & Veggie Bar	20 Chicken Tacos <b>FEATURED VEGGIES</b> Corn Fresh Fruit & Veggie Bar	21 Grilled Cheese Sandwich <b>FEATURED VEGGIES</b> Carrots Fresh Fruit & Veggie Bar	22 Buffalo Chicken Dip <b>FEATURED VEGGIES</b> Green Beans Fresh Fruit & Veggie Bar	23 Hot Dog on a Bun <b>FEATURED VEGGIES</b> Fresh Fruit & Veggie Bar	
 26 MEMORIAL DAY U.S.A.	27 Chicken Fajitas <b>FEATURED VEGGIES</b> Corn Fresh Fruit & Veggie Bar	28 Turkey & Cheese Melt on a Croissant <b>FEATURED VEGGIES</b> Broccoli Fresh Fruit & Veggie Bar	29 CHICKEN PATTY BURGERS PIZZA DELI SANDWICHES	30 CHICKEN PATTY BURGERS PIZZA DELI SANDWICHES	
Marissa Janesko, General Manager 570.585.5300 ext. 3509 <a href="mailto:ma1113@metzcorp.com">ma1113@metzcorp.com</a>			<b>Meal Prices</b> Student Paid Lunch \$2.40 Faculty Lunch \$4.00		 <b>Metz</b> CULINARY MANAGEMENT ENVIRONMENTAL SERVICES

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

